



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan
Be faithful in everything: faithful in observances, faithful in the vows, faithful in work, in duties of your vocation, in your striving, faithful in everything.

Prayer to be Disciples

Loving Father,
open our hearts to hidden realities:

Your love for all people,
Your presence in the community,
Your call to justice and peace.

Christ Jesus,
help us imitate Your example:
healing the sick,
welcoming the stranger,
assisting the poor and vulnerable.

Holy Spirit,
make visible to our eyes what is invisible:
Your call to Your people,
Your summons to live our faith daily as witnesses of justice and peace.

May the Eucharist move us to engage on love-inspired action that transforms us and the world.

Amen.

Who do you say that I am?



SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE FRANCIS' PRAYER INTENTION FOR SEPTEMBER

For The Cry of the Earth

Let us pray that each of us listen with our hearts to the cry of the Earth and the victims of environmental disasters and the climate crisis, making a personal commitment to care for the world we inhabit.

MASS TIMES

SACRED HEART CHURCH

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30am

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass

Wednesday 9.30am

Thursday 7pm

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from

7.30pm to 9pm

Friday 9.30am

First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Healing Mass/ Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am

Friday 8am

Healing Mass/ Anointing of the Sick First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm

Sunday 9.00am

RECONCILIATION

Before Vigil Mass on Saturday

BAPTISM

3rd Sunday - 11.00am

We Pray for

Deceased Anniversary

Mare Juricev

James Reilly

May all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Prayer for the Sick

Anna Śmigowska

Anne Gerathy

Brian Gregan

Marcia Bailey

Cindy Kalalo

Maureen Larios

Denise Wagner

Marco Sangiacamo

Elaine Boyes

Pauline Chipman

Anna

Svetlana

Leonor

Sofia

Anna Kantonec

Mother Pauline

Angela Miller

Philip Khalifeh

Robert McCauley

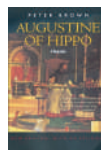
Heidi Taylor

BOOK REVIEW

Augustine of Hippo

A Biography

By: Peter Brown



Both philosophically and as a reader of the Bible, he is a challenge to anyone alive now. Read his life story.

Jesus said;
"If you ask me anything in my name, I will do it."
John 14:14 ESV

Liturgy for the Week

16/09 Monday, Sts Cornelius and Cyprian
1 Cor 11:17-26, 33; Lk 7:1-10

17/09 Tuesday, Ordinary Time 24
1 Cor 12:12-14, 27-31

18/09 Wednesday, Ordinary Time 24
1 Cor 12:31- 13:13; Lk 7:31-35

19/09 Thursday, Ordinary Time 24
1 Cor 15:12-20; Lk 8:1-3

20/09 Friday, Sts Andrew Kim Tae-gon and Paul Chong Ha-sang and companions, martyrs
1 Cor 15:12-20; Lk 8:1-3

21/09 Saturday, St Matthew
Eph 4:1-7, 11-13; Mt 9:9-13

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Parish of
Pittwater

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Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



menALIVE

A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & a great need in the life of the Catholic Church.

ALL MEN WELCOME

We Meet

First Tuesday of every Month
at 7pm
Sacred Heart Parish Centre

Bringing men together, to renew their faith in God & encourage them to be an active force of renewal in the Church.

For any questions contact
Joe Cilia – 0418 863 814

A QUESTION OF FAITH: WHAT DID JESUS MEAN WHEN HE CALLED HIMSELF 'SON OF MAN'?



In the Gospels, the term “Son of Man” is used numerous times. What does “Son of Man” mean?

When Jesus spoke of himself and His mission, He often referred to himself as “Son of Man.” In the Gospels, He uses the term more than 80 times, especially as recorded in the Gospel of Matthew where 30 instances are found. It is also a term found in the Old Testament.

At first glance, “Son of Man” may seem to highlight Jesus’ human nature, just as “Son of God” emphasizes His divinity. However, the meaning of “Son of Man” is more complicated. “Son of Man” brings together His identity as Messiah and as one who was to suffer for others, drawing from the Jewish tradition’s use of the term.

“Son of Man” would have been known to many of Jesus’ Jewish listeners since it is found dozens of times in the Old Testament, especially the Books of Ezekiel and Daniel. Its use in Scripture is not always consistent but indicates a role in redemption. “Son of Man” has had various uses and meanings. In Daniel 7, for instance, the phrase seems to refer to an individual person: “one like a son of man” who is given everlasting dominion over the nations (verses 13-14). Elsewhere, it is a more generic reference to the triumph of the people of Israel over their enemies.

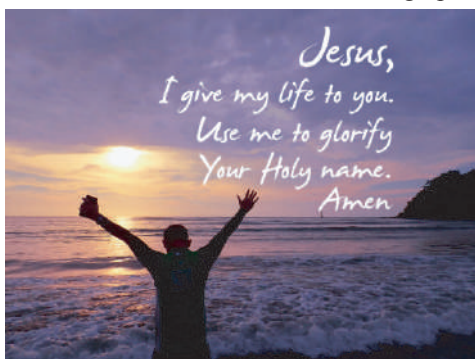
In the context of Jesus, “Son of Man” seems to relate to Jesus’ self-designation and understanding of being the Messiah (though sometimes in a hidden or “secret” way). In the Gospel of John, a bystander asks Jesus this very question: “Who is this Son of Man?” (12:34). Jesus, however, does not give a clear answer. He instead refers to himself differently: as the light. In Matthew 16, however, He is more explicit. When He asks His disciples, “Who do people say that the Son of Man is?” (16:13), Jesus affirms the response of Peter: “You are the Messiah, the Son of the living God” (16:16).

Surprisingly, the term that might appear to highlight Jesus’ humanity emphasizes His identity as Son of God and Messiah. But it does so in a veiled way by both revealing and concealing who He is – as He often did as recorded in the Scriptures. It allows Him to suggest, but avoid, using the terms others applied to him – Messiah, the Christ, or Son of God – and which we believe are correct names for Jesus. Yet He does not avoid using the term “Son of Man.” He says of himself, “You will see the Son of Man seated at the right hand of Power, and coming with the clouds of heaven” (Mark 14:62), and “No one has gone up to heaven except the one who has come down from heaven, the Son of Man” (John 3:13).

These lofty notions of “Son of Man,” however, do not preclude other meanings. The Gospels depict Jesus as humble and reserved. The use of the more subtle term, “Son of Man” (as compared to Son of God), is not surprising. The phrase helps indicate Jesus’ self-understanding of His relationship to humanity: as suffering servant as found in the Book of the Prophet Isaiah and in the Gospels, for instance, when Jesus predicts: “The Son of Man must suffer greatly” (Mark 8:31; Luke 9: 22)

“Son of Man” helps highlight the identity of Jesus as one who has come to give up His own life and in doing so give life to others. For as Jesus said in the Gospel of Mark: “The Son of Man did not come to be served but to serve and to give His life as a ransom for many” (10:45).

By: Fr Dave Endres
The Catholic Telegraph



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Parish Directory

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Tel 9157 0999 ext 12
ap@pittwaterparish.org

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Sacramental Coordinator
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sacraments@pittwaterparish.org

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Veronica Thomas
Mobile 0417 061 534

Sacred Heart Church
1 Keenan Street Mona Vale

Maria Regina Church
7 Central Road Avalon

MONA VALE
Sacred Heart School
Tel 8197 6900
Principal: Mr Jamie Wahab

AVALON
Maria Regina School
Tel 7256 2138
Principal: Ms Kirsty Thorpe

WARRIEWOOD
Mater Maria Catholic College
Tel 7256 2100
Principal: Mr Marc Reicher



Parish Bulletin Term 3, Week 8

During this week's College Advisory Board Meeting, the College Executive Team reviewed submissions from all Year 12 students, detailing their contributions to the College parish, and community throughout the year. The student with the most significant participation will be honoured with the College's Mission Award at the Year 12 Graduation Ceremony. This prestigious award, presented annually by the College Board Director, is the highest recognition given by the College.

Also, this week we held the Discernment of Ministries for our 2025 College prefects. Our student leaders were nominated to oversee ministries such as the arts, community, house, liturgy, social justice, stewardship and sport. They will represent the student body, foster spirit in their respective ministries and strive to make a difference as senior leaders and role models.

Faith Fridays continue to be a success, with a youth group gathering in our Chapel each week. This provides a tranquil moment for reflection for our students.

Year 8 students participated in a meaningful formation experience during their annual Spirituality Day, themed "Flourishing Olympics." We are proud of our wonderful Year 8 students at Mater Maria. In collaboration with "Young La Sallians," we developed this excellent program to foster their growth and flourishing. Over twenty Year 10 students, trained as Small Group Leaders, facilitated sessions throughout the day.

Our Pre-loved uniform shop continues to thrive. Opening once each term on a Tuesday afternoon, it allows parents to purchase wearable uniform items at a 70% discount. All funds raised are donated to the MoWaNa Northern Beaches Safe Space, a local community-based service supporting individuals experiencing emotional distress.

We are excited to announce the launch of the Canine-Assisted Learning (CAL) program at the Youth Up Front Ingleside site. Running every Wednesday for the next three weeks, this program is designed to reengage students in their education and build resilience through hands-on activities, structured lessons, and therapy dogs assessed by accredited trainers.

Many sporting competitions have concluded, but MWBA Basketball, Peninsula Cup Soccer - Opens Girls, and Peninsula Cup for Under-14s Rugby Term continue throughout this term and next. The enthusiasm and dedication displayed by our students reflect the strong school spirit at Mater Maria.

A reminder that applications for Year 7 in 2027 and 2028 are now open. There is currently a waitlist for Year 6 to Year 7 transitions in 2025 and 2026, as well as for other year groups in 2024. For more details or to apply, please visit our enrolments page:

<https://matermaria.nsw.edu.au/enrolments/>
May God continue to bless our College community and guide us in all our endeavours.

In the midst of your battles,
never forget that God loves you
and He has a plan for you.

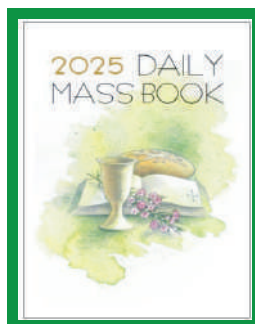
Joyce Meyer

The Catholic Parish of Pittwater



IS BACK
All Young People
(High School Age and Over)
are INVITED on
Sunday, 22 September @
6 pm Soul Mass
Sacred Heart Church
Mona Vale
followed by
Snacks * Music * Activities

PLEASE ORDER NOW



If you are interested in ordering the 2025 Daily Mass Book, please contact the Parish Office on 9157 0999



Tap to Support the Parish

Donations via our *Tap & Go* Devices will be equally divided between the support of our Priests and the refurbishment expenses of our Churches.

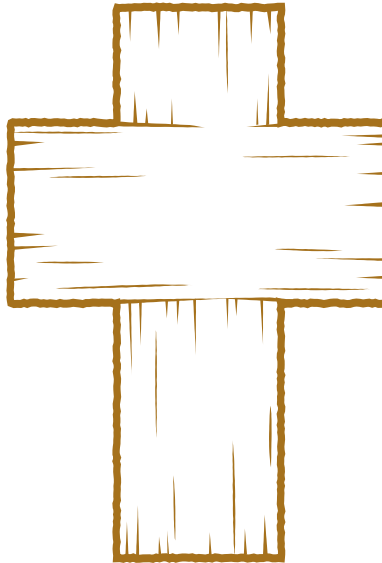
How to use the Tap & Go:
Choose the amount you would like to donate \$10, \$20, \$50 or Other, for the amount of your choice. Then **TAP** and follow the prompts.

Take up your cross and follow me

24th Sunday in Ordinary Time, Year B



Write on the cross some of the hard things you need to do if you want to follow Jesus.



COMPLETE THE TEXT MAZE

"If you want to be my followers you must take up your cross and follow me."

START **I** F Y O E

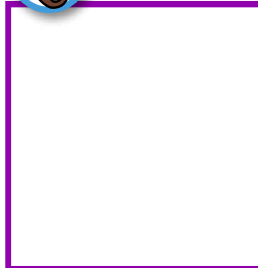
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R I E P M
E U W T **E** FINISH



Help Jesus tell his disciples about what would soon be happening.

I must go to the city of Jerusalem...

...where people will make me suffer and I will be killed.



Draw Jesus entering the city on the donkey



Draw Jesus suffering on the cross



Write what Jesus tells the disciples next

Mk 8:31-35

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WORLD DAY OF MIGRANTS & REFUGEES

(International Night)

Saturday, 28 September
after 5 pm Mass

Everyone is invited to join us in celebrating the Diversity of our Parish Family. Come and be nourished spiritually then proceed to the Sacred Heart Parish Centre to come together by sharing our different Cultures through FOOD and great company.

Please RSVP by Friday, 13 September
There will be an ATTENDANCE LIST provided at the back of both Churches.
Please BRING and SHARE your Culture's Cuisine for everyone to try.
Specify your Dish if it's Savoury or Sweet.

IS GOD CALLING YOU TO MAKE A DIFFERENCE IN VOCATIONS MINISTRY?

SERRA VOCATIONS MASS AND DINNER MEETING

THURSDAY 26TH SEPTEMBER 2024

AT SACRED HEART CHURCH

2 RICHARD PORTER WAY PYMBLE

COMMENCING WITH MASS AT 6.30 PM

OUR MASS CELEBRANT AND AFTER DINNER SPEAKER WILL BE
FATHER GERARD MORAN OCD ASSISTANT PRIEST AT CORPUS CHRISTI PARISH ST IVES.
HIS TOPIC: "THE NATURE OF A DISCALCED CARMELITE VOCATION & THE CARMELITES IN AUSTRALIA SINCE 1948"

Please remember to pray every day for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians, novices, and for the residence of Joseph House Discernment Centre. Please also pray for the perseverance of existing vocations.

For catering purposes kindly contact Henry or Anna Leung on 0478 083 116 or email annaytleung@yahoo.com.au or telephone Terry Scanlan on 0438 887 295 or email terry_scanlan@bigpond.com if you are planning to attend.



The *Living* Word

Entrance Antiphon

Sirach 36:18

Give peace, O Lord, to those who wait for you, that your prophets be found true. Hear the prayers of your servant, and of your people Israel.

First Reading

Isaiah 50:5-9

A reading from the prophet Isaiah
I gave my body to those who struck me.

The Lord has opened my ear.
For my part, I made no resistance,
neither did I turn away.
I offered my back to those who struck me,
my cheeks to those who tore at my beard;
I did not cover my face
against insult and spittle.
The Lord comes to my help,
so that I am untouched by the insults.
So, too, I set my face like flint;
I know I shall not be shamed.
My vindicator is here at hand.
Does anyone start proceedings against me?
Then let us go to court together.
Who thinks he has a case against me?
Let him approach me.
The Lord is coming to my help,
who dare condemn me?

The word of the Lord

Responsorial Psalm

Ps 114:1-6. 8-9. R. v.9

(R.) I will walk in the presence of the Lord, in the land of the living.

I love the Lord for he has heard the cry of my appeal; for he turned his ear to me in the day when I called him. **(R.)**

They surrounded me, the snares of death, with anguish of the tomb; they caught me, sorrow and distress. I called on the Lord's name. O Lord my God, deliver me!**(R.)**

How gracious is the Lord, and just; our God has compassion. The Lord protects the simple hearts; I was helpless so he saved me. **(R.)**

He has kept my soul from death, my eyes from tears and my feet from stumbling. I will walk in the presence of the Lord in the land of the living. **(R.)**

Second Reading

James 2:14-18

A reading from the letter of St James
Faith without good works is dead.

Take the case, my brothers, of someone who has never done a single good act but claims that he has faith. Will that faith save him? If one of the brothers or one of the sisters is in need of clothes and has not enough food to live on, and one of you says to them, 'I wish you well; keep yourself warm and eat plenty,' without giving them these bare necessities of life, then what good is that? Faith is like that: if good works do not go with it, it is

quite dead.

This is the way to talk to people of that kind: 'You say you have faith and I have good deeds; I will prove to you that I have faith by showing you my good deeds – now you prove to me that you have faith without any good deeds to show.'

The word of the Lord.

Gospel Acclamation

Galatians 6:14

Alleluia, alleluia!

My only glory is the cross of our Lord Jesus Christ, which crucifies the world to me and me to the world.

Alleluia!

Gospel

Mark 8:27-35

A reading from the holy Gospel according to Mark

You are the Christ ... the Son of Man was destined to suffer much.

Jesus and his disciples left for the villages round Caesarea Philippi. On the way he put this question to his disciples, 'Who do people say I am?' And they told him. 'John the Baptist,' they said, 'others Elijah; others again, one of the prophets.' 'But you,' he asked, 'who do you say I am?' Peter spoke up and said to him, 'You are the Christ.' And he gave them strict orders not to tell anyone about him. And he began to teach them that the Son of Man was destined to suffer grievously, to be rejected by the elders and the chief priests and the scribes, and to be put to death, and after three days to rise again; and he said all this quite openly. Then, taking him aside, Peter started to remonstrate with him. But, turning and seeing his disciples, he rebuked Peter and said to him, 'Get behind me, Satan! Because the way you think is not God's way but man's.'

He called the people and his disciples to him and said, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake, and for the sake of the gospel, will save it.'

The Gospel of the Lord

Communion Antiphon

Psalms 35:8

How precious is your mercy, O God! The children of men seek shelter in the shadow of your wings.

REFLECTION

by Diane Bergant

There are several messianic traditions, each one characterising the anointed one of the future in a unique way. Do we expect a prophetic figure who will enter

our world and reform the structures of society, or a strong leader who will overturn these structures and establish a new order? Are we waiting for a teacher who will transform our minds and hearts, or a judge who will punish us for our infidelities? Are we expecting someone who will renew the face of the earth, or someone who will come in fire and brimstone to destroy it? What kind of a messiah do we expect? For what kind of a change are we preparing ourselves? Jesus seems to overturn our expectations. We look for one who will save us from the predicaments in which we find ourselves, and he comes to us as one who seems to be a victim of his own predicament. God's thinking seems to be the reverse of ours: Those who save their lives, lose them; those who lose their lives, save them; the seed must die before it can bear fruit; Jesus will be killed, but will then be raised from the dead. Can we claim to understand Jesus? Or are we more like the people in James' community: people who profess faith in Jesus, but who do not live it out; people who speak pleasant words to others, who say the right things, but who do not back up their words with good works? Is our faith really living?

© Dianne Bergant CSA



*Congratulations
and Best Wishes to*

Vien & Uyen

*May you always walk together
hand in hand, while trusting
in the grace of God to lead
the way.*

"God is our refuge
and strength,
an ever-present
help in trouble."

Psalms 46:1



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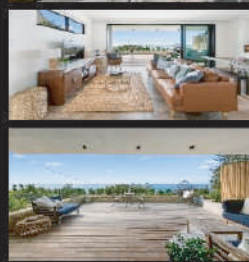
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Mark 5:36



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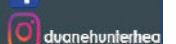
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